



# CERTIFICATE

This Certificate is awarded to

**Sabine Krippendorf**

has successfully passed the exam in theory and practice for

**Holistic Personal Trainer and Coach**

bodyART Health Academy

Alexa Le  
Creator and Educator

Janni Giannikakis  
Creator and Educator

Ismaning, 8/12/2017  
Place and Date

CEO Brigitte Saller  
bodyART Health Academy

Duration: 12/5–8/12/2017 - 35 weeks (9 days + self study, homework and home training)

Module I: Therapy Exercises

Module II: Qi Movements

Module III: Small-Equipment Performance Training